



# Purim without Ceasefire

Ways to Fulfill the Four Mitzvot of Purim in This Time of Catastrophe

## Purim Seudah Purim Meal

- Join (or help to organize) a ta'anit Esther break-fast\*/iftar meal with local Muslims after sundown on Thursday, March 21.
  - Ta'anit Esther, the day of fasting in solidarity with Queen Esther and her sisters as she prepared to confront Haman, occurs the day before Purim – so technically this feast does not fulfill the commandment to feast on Purim. That calls for another shared meal.
- Cook and share food made with recipes from Gaza – Check out The Gaza Kitchen by Laila El-Haddad and Maggie Schmitt, or find a few recipes here.



## Matanot L'Evyonim Gifts to the Poor

- Contribute to UNRWA - This United Nations agency was recently defunded by the U.S.
  - Purim tzedaka is supposed to be bold and a little reckless – consider (not totally recklessly) giving more than you can easily afford.



## Mishloach Manot

### Gifts of Food for Friends and Neighbors



- Send plates of sweets and goodies to local Muslim/Palestinian organizations to be shared at an iftar meal.
- Bake something sweet and delicious for your comrades and sit down to talk about what brings you hope and rest in this moment. We must feed each other physically and spiritually to keep fighting for a Ceasefire.

## Megillah

### Hearing the Megillah read

- Join Livestreams of Rabbis for Ceasefire Led Services
- Wear a symbol of mourning, perhaps a torn black cloth, while hearing the megillah reading.
- Make a t-shirt or other garment printed with red handprints and wear it while chapter 9 is read.
  - Use red acrylic paint, spread it on your hand and print away

